



**Monday**

Slow Braised Pork Cassoulet with Haricot Beans, Parsley & Lemon Gremolata

Dan-Dan Noodles with Crispy Beef, Asian Vegetables and Spring Onions

Vegetarian noodles with tofu, Asian vegetables and spring onion

Pasta with Choice of Toppings

Parsley Cous Cous  
Steamed Potatoes with Mint

Steamed Broccoli  
Roasted Carrots

Lemon Drizzle Cake

**Tuesday**

Jamaican Jerk Pork With Sweet Potato And Peppers, Ancho Chilli And Coriander

Indonesian Chicken Rendang with coconut , Chilli & Coriander

Vegetable and Chickpea Biryani with Mini Poppadum and Minted Yoghurt

Jacket Potatoes with Choice of Toppings

Coriander and Chilli Rice  
Roasted New Potatoes

Steamed Green Beans  
Roasted cauliflower

Lemongrass & Coconut Rice Pudding

**Wednesday**

Braised Chilli Con carne , with kidney Beans & peppers

Roasted Garlic and Herb Chicken Legs with Sage and Onion Stuffing and Gravy

Vegan Mince & Bean Chilli

Pasta with Choice of Toppings

Roast Potatoes  
Steamed Rice

Roasted Aubergines with Chilli and Garlic  
Steamed Green Vegetables

Red Velvet Cake with Cream Cheese Icing

**Thursday**

Slow Cooked Creamy Chicken Casserole With Grain Mustard, Spinach And Roasted Onions

Bagan Fish Curry With Lemongrass, Green Chilli And Spring Onion

Roasted Vegetable and Black Bean Enchilada

Jacket Potatoes with Choice of Toppings

Coriander Rice  
New Potatoes with Dill

Sweetcorn and Peppers  
Mange Tout

Dutch Apple Pie with Custard

**Friday**

Breaded Haddock Fillet with Fresh Lemon And Tartare Sauce

Penne Pasta with pork Ragù, Basil & parmesan

Penne Pasta with Vegan Ragù, Basil & parmesan

Pasta with Choice of Toppings

Chunky Chips  
Pilau Rice

Steamed Peas  
Cumin Scented Butternut Squash

White Chocolate and Raspberry Pudding

**Saturday**

Gnocchi with Smoked Bacon, Tomato & Marscarpone Sauce with baby Spinach & parmesan

Thai Green Curry with Asian Vegetables

Thai Green Tofu Curry with Asian Vegetables & Coconut Rice

Jacket Potatoes with Choice of Toppings

Sweet Potato Wedges

Vegetable Panache  
Roasted Mediteranea Vegetables

Victoria Sponge Cake

**Sunday - Brunch**

Cumberland Pork Sausage  
Vegetarian Sausage  
Grilled Bacon  
Scrambled Eggs  
Baked Beans  
Hash Browns  
Mushrooms

Pain au Chocolate  
Croissants

Fruit Salad  
Whole Fruit

Individual Yoghurts



Monday
Sweet and Sour Pork Steaks with Peppers ,Pineapple ,Carrot and Onion. Garnished with Red Chilli, Spring Onion and Coriander
Turkey Escalope with Mushrooms, Gherkins, Sour Cream and Parsley
Roasted Cauliflower and Chickpea Balti
Pasta with Choice of Toppings
Mashed Potato Steamed Rice
Steamed Broccoli Glazed Carrots
Spiced Pineapple and Sultana Sponge served with Coconut Custard

Tuesday
Tandoori Marinated Chicken with Minted Yoghurt ,Coriander and Shredded Salad
Bacon Steaks with Apricot & Red Onion Salsa
Roasted cauliflower & Chick Pea Curry with Chilli & Coriander
Jacket Potatoes with Choice of Toppings
Roasted Bombay Potatoes
Steamed Green Beans Roasted Cauliflower
Chocolate Rocky Road with Glace Fruit and Mini Marshmallows

Wednesday
Greek Style Chicken, roasted vegetables, diced potatoes, Oregana & Feta
Slow cooked Creamy Pork with Butter beans & Parsley
Slow cooked Creamy Quorn with Butter beans & Parsley
Pasta with Choice of Toppings
Cous Cous Steamed Potatoes with Parsley Oil
Roasted Carrots with Oregano and Garlic Manage Tout
Peach and Apricot Oat Crumble with Custard

Thursday
Grilled Cajun Pork with Roasted Corn & Tomato Salsa
Morrocan Spiced lamb with Dried Fruit & Coriander
Morrocan Spiced I Vegan Mince with Dried Fruit & Coriander
Jacket Potatoes with Choice of Toppings
Cous Cous New Potatoes
Steamed Green Beans Roasted Swede and Squash
Salted caramel cake

Friday
Freshly cooked Scampi served with Lemon and Tartare Sauce
Minced Beef, Tyme and Onion Pie with Puff Pastry Top
Sticky Asian Roast Miso Aubergine with Crispy Tofu, Spring Onion and Chilli
Pasta with Choice of Toppings
Chunky Chips Mashed Potato
Mushy Peas Roasted Root Vegetables
Banana and Chocolate Chip with Chocolate Sauce

Saturday
Bacon Penne Pasta in a Mushroom and Spinach Velouté Sauce with Garlic Butter and Parmesan
Roasted Chicken Thighs with Tennessee BBQ Glaze
Penne Pasta in a Mushroom and Spinach Velouté Sauce with Garlic Butter and Parmesan
Jacket Potatoes with Choice of Toppings
Parsley Buttered New Potatoes
Vegetable Panache Steamed Sweetcorn
Vanilla Oreo Cheesecake

Sunday - Brunch
Cumberland Pork Sausage Vegetarian Sausage Grilled Bacon Scrambled Eggs Baked Beans Hash Browns Mushrooms
Pain au Chocolate Croissants
Fruit Salad Whole Fruit
Individual Yogurts



Monday
Roasted Garlic and Thyme Chicken Thighs served with a Cider, Mustard & Cream Sauce
Stir-Fried Five Spiced Beef with Sesame Seeds and Teriyaki Sauce
Stir-fried five spiced quorn pieces with sesame seeds and teriyaki sauce
Pasta with Choice of Toppings
Steamed Egg Noodles Steamed Parsley Potatoes
Roasted Carrots Stir Fried Asian Vegetables
Chocolate Fudge cake with Chocolate Sauce

Tuesday
Slow Cooked Lamb Stew with Butterbeans, Oregano and Feta.
Sausage Casserole with Le Puy Lentils and Curly Kale
Greek Style Roasted Cauliflower with Tomato, Capers and Olives
Jacket Potatoes with Choice of Toppings
Bulgur Wheat Roasted New Potatoes
Roasted Carrots with Sunflower Seeds Steamed Broccoli
Carrot Cake with cream Cheese and Orange Icing

Wednesday
Pork Goulash with Smoked Paprika, Sour Cream, Peppers and Parsley
Coconut Crusted Basa Fillet Served with Spiced Lentil Dhal
Mushroom and pepper goulash, sour cream, peppers and parsley served with rice
Pasta with Choice of Toppings
Coriander Rice Mashed Potato
Baby Corn Sauté Hispid Cabbage
Stem ginger sponge with custard

Thursday
Braised Mexican Chicken served with Kidney Beans, Chilli and Coriander
Ricotta Tortellini Served with Beef Meatballs In Tomato Sauce, Basil, Roast Cherry Tomatoes and Mozzarella
Vegetable and bean chilli with tomato, chilli and coriander
Jacket Potatoes with Choice of Toppings
Steamed Rice Savoy Cabbage
Sautéed greens Steamed vegetable panache
Plum and Apple Crumble with Custard

Friday
Crispy Battered Cod Fillet with Fresh Lemon and Tartare Sauce
Lamb rogan josh served with fresh tomato and coriander served with steamed rice
Roasted Squash , Aubergine & Pepper Dhansak
Pasta with Choice of Toppings
Steamed potatoes Chunky Chips
Mushy Peas Roasted Peppers, Squash and Chilli
Jam and Coconut Sponge with Custard

Saturday
Slow cooked Beef and Vegetable Ragu Gnocchi served with Parmesan, Rocket and tomato Salad
Grilled Cajun Pork Steak with Roasted corn and Pepper Salsa
Quorn and Roasted vegetable ragu pasta served with tomato and rocket
Jacket Potatoes with Choice of Toppings
Parsley Buttered New Potatoes
Roasted Cauliflower Green Beans and Manage tout
Banoffee Pie

Sunday - Brunch
Cumberland Pork Sausage Vegetarian Sausage Grilled Bacon Scrambled Eggs Baked Beans Hash Browns Mushrooms
Pain au Chocolate Croissants
Fruit Salad Whole Fruit
Individual Yogurts