<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
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</thead>
<tbody>
<tr>
<td>Slow Braised Pork Cassoulet with Haricot Beans, Parsley &amp; Lemon Gremolata</td>
<td>Jamaican Jerk Pork With Sweet Potato And Peppers, Ancho Chilli And Coriander</td>
<td>Braised Chilli Con carne , with kidney Beans &amp; peppers</td>
<td>Slow Cooked Creamy Chicken Casserole With Grain Mustard, Spinach And Roasted Onions</td>
</tr>
<tr>
<td>Dan-Dan Noodles with Crispy Beef, Asian Vegetables and Spring Onions</td>
<td>Indonesian Chicken Rendang with coconut , Chilli &amp; Coriander</td>
<td>Roasted Garlic and Herb Chicken Legs with Sage and Onion Stuffing and Gravy</td>
<td>Bagan Fish Curry With Lemongrass, Green Chilli And Spring Onion</td>
</tr>
<tr>
<td>Vegetarian noodles with tofu, Asian vegetables and spring onion</td>
<td>Vegetable and Chickpea Biriyani with Mini Poppadum and Minted Yoghurt</td>
<td>Vegan Mince &amp; Bean Chilli</td>
<td>Roasted Vegetable and Black Bean Enchilada</td>
</tr>
<tr>
<td>Pasta with Choice of Toppings</td>
<td>Jacket Potatoes with Choice of Toppings</td>
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</tr>
<tr>
<td>Parsley Cous Cous</td>
<td>Coriander and Chilli Rice Roasted New Potatoes</td>
<td></td>
<td>Coriander Rice</td>
</tr>
<tr>
<td>Steamed Potatoes with Mint</td>
<td>Steamed Green Beans Roasted cauliflower</td>
<td></td>
<td>New Potatoes with Dill</td>
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<tr>
<td>Steamed Broccoli</td>
<td>Lemongrass &amp; Coconut Rice Pudding</td>
<td></td>
<td>Sweetcorn and Peppers</td>
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<tr>
<td>Roasted Carrots</td>
<td></td>
<td></td>
<td>Mange Tout</td>
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<tr>
<td>Lemon Drizzle Cake</td>
<td></td>
<td></td>
<td>Dutch Apple Pie with Custard</td>
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<table>
<thead>
<tr>
<th>Friday</th>
<th>Saturday</th>
<th>Sunday - Brunch</th>
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</thead>
<tbody>
<tr>
<td>Breaded Haddock Fillet with Fresh Lemon And Tartare Sauce</td>
<td>Gnocchi with Smoked Bacon, Tomato &amp; Marscarpone Sauce with baby Spinach &amp; parmesan</td>
<td>Cumberland Pork Sausage Vegetarian Sausage</td>
</tr>
<tr>
<td>Penne Pasta with pork Ragu, Basil &amp; parmesan</td>
<td>Thai Green Curry with Asian Vegetables</td>
<td>Grilled Bacon</td>
</tr>
<tr>
<td>Penne Pasta with Vegan Ragu, Basil &amp; parmesan</td>
<td>Thai Green Tofu Curry with Asian Vegetables &amp; Coconut Rice</td>
<td>Scrambled Eggs</td>
</tr>
<tr>
<td>Pasta with Choice of Toppings</td>
<td>Jacket Potatoes with Choice of Toppings</td>
<td>Baked Beans</td>
</tr>
<tr>
<td>Chunky Chips</td>
<td>Sweet Potato Wedges</td>
<td>Hash Browns</td>
</tr>
<tr>
<td>Pilau Rice</td>
<td>Vegetable Panache</td>
<td>Mushrooms</td>
</tr>
<tr>
<td>Steamed Peas</td>
<td>Roasted Mediterranean Vegetables</td>
<td>Pain au Chocolate</td>
</tr>
<tr>
<td>Cumin Scented Butternut Squash</td>
<td></td>
<td>Croissants</td>
</tr>
<tr>
<td>White Chocolate and Raspberry Pudding</td>
<td></td>
<td>Fruit Salad</td>
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<td></td>
<td></td>
<td>Whole Fruit</td>
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<td>Individual Yogurts</td>
</tr>
</tbody>
</table>
### Lunch Week 2

**Monday**
- Sweet and Sour Pork Steaks with Peppers, Pineapple, Carrot and Onion. Garnished with Red Chilli, Spring Onion and Coriander
- Turkey Escalope with Mushrooms, Gherkins, Sour Cream and Parsley
- Roasted Cauliflower and Chickpea Balti
- Pasta with Choice of Toppings
- Mashed Potato, Steamed Rice
- Steamed Broccoli, Glazed Carrots
- Spiced Pineapple and Sultana Sponge served with Coconut Custard

**Tuesday**
- Tandoori Marinated Chicken with Minted Yoghurt, Coriander and Shredded Salad
- Bacon Steaks with Apricot & Red Onion Salsa
- Roasted cauliflower & Chick Pea Curry with Chilli & Coriander
- Jacket Potatoes with Choice of Toppings
- Roasted Bombay Potatoes
- Steamed Green Beans, Roasted Cauliflower
- Chocolate Rocky Road with Glace Fruit and Mini Marshmallows

**Wednesday**
- Greek Style Chicken, roasted vegetables, diced potatoes, Oregana & Feta
- Slow cooked Creamy Pork with Butter beans & Parsley
- Slow cooked Creamy Quorn with Butter beans & Parsley
- Pasta with Choice of Toppings
- Cous Cous, Steamed Potatoes with Parsley Oil
- Roasted Carrots with Oregano and Garlic Manage Tout
- Peach and Apricot Oat Crumble with Custard

**Thursday**
- Grilled Cajun Pork with Roasted Corn & Tomato Salsa
- Morrocan Spiced lamb with Dried Fruit & Coriander
- Morrocan Spiced Iengan Mince with Dried Fruit & Coriander
- Jacket Potatoes with Choice of Toppings
- Cous Cous, New Potatoes
- Steamed Green Beans, Roasted Swede and Squash
- Salted caramel cake

**Friday**
- Freshly cooked Scampi served with Lemon and Tartare Sauce
- Minced Beef, Tyme and Onion Pie with Puff Pastry Top
- Sticky Asian Roast Miso Aubergine with Crispy Tofu, Spring Onion and Chilli
- Pasta with Choice of Toppings
- Chunky Chips, Mashed Potato
- Mushy Peas, Roasted Root Vegetables
- Banana and Chocolate Chip with Chocolate Sauce

**Saturday**
- Bacon Penne Pasta in a Mushroom and Spinach Velouté Sauce with Garlic Butter and Parmesan
- Roasted Chicken Thighs with Tennessee BBQ Glaze
- Penne Pasta in a Mushroom and Spinach Velouté Sauce with Garlic Butter and Parmesan
- Jacket Potatoes with Choice of Toppings
- Parsley Buttered New Potatoes
- Vegetable Panache, Steamed Sweetcorn
- Vanilla Oreo Cheesecake

**Sunday - Brunch**
- Cumberland Pork Sausage
- Vegetarian Sausage
- Grilled Bacon
- Scrambled Eggs
- Baked Beans
- Hash Browns
- Mushrooms
- Pain au Chocolate Croissants
- Fruit Salad
- Whole Fruit
- Individual Yogurts
### Monday
- **Roasted Garlic and Thyme Chicken Thighs** served with a Cider, Mustard & Cream Sauce
- **Stir-Fried Five Spiced Beef with Sesame Seeds and Teriyaki Sauce**
- **Stir-fried five spiced quorn pieces with sesame seeds and teriyaki sauce**
- **Pasta with Choice of Toppings**
- **Steamed Egg Noodles**
- **Stir Fried Asian Vegetables**
- **Chocolate Fudge cake with Chocolate Sauce**

### Tuesday
- **Slow Cooked Lamb Stew with Butterbeans, Oregano and Feta.**
- **Sausage Casserole with Le Puy Lentils and Curly Kale**
- **Greek Style Roasted Cauliflower with Tomato, Capers and Olives**
- **Jacket Potatoes with Choice of Toppings**
- **Bulgar Wheat Roasted New Potatoes**
- **Roasted Carrots with Sunflower Seeds Steamed Broccoli**
- **Carrot Cake with cream Cheese and Orange Icing**

### Wednesday
- **Pork Goulash with Smoked Paprika, Sour Cream, Peppers and Parsley**
- **Coconut Crusted Basa Fillet Served with Spiced Lentil Dhal**
- **Mushroom and pepper goulash, sour cream, peppers and parsley served with rice**
- **Pasta with Choice of Toppings**
- **Coriander Rice Mashed Potato**
- **Baby Corn Sauté Hispäd Cabbage**
- **Stem ginger sponge with custard**

### Thursday
- **Braised Mexican Chicken served with Kidney Beans, Chilli and Coriander**
- **Ricotta Tortellini Served with Beef Meatballs In Tomato Sauce, Basil, Roast Cherry Tomatoes and Mozzarella**
- **Vegetable and bean chilli with tomato, chilli and coriander**
- **Jacket Potatoes with Choice of Toppings**
- **Steamed Rice Savoy Cabbage**
- **Sautéed greens Steamed vegetable panache**
- **Plum and Apple Crumble with Custard**

### Friday
- **Crispy Battered Cod Fillet with Fresh Lemon and Tartare Sauce**
- **Lamb rogan josh served with fresh tomato and coriander served with steamed rice**
- **Roasted Squash , Aubergine & Pepper Dhansak**
- **Pasta with Choice of Toppings**
- **Steamed potatoes Chunky Chips**
- **Mushy Peas Roasted Peppers, Squash and Chilli**
- **Jam and Coconut Sponge with Custard**

### Saturday
- **Slow cooked Beef and Vegetable Ragu Gnocchi served with Parmesan, Rocket and tomato Salad**
- **Grilled Cajun Pork Steak with Roasted corn and Pepper Salsa**
- **Quorn and Roasted vegetable ragu pasta served with tomato and rocket**
- **Jacket Potatoes with Choice of Toppings**
- **Parsley Buttered New Potatoes**
- **Roasted Cauliflower Green Beans and Manage tout**
- **Banoffee Pie**

### Sunday - Brunch
- **Cumberland Pork Sausage Vegetarian Sausage**
- **Grilled Bacon**
- **Scrambled Eggs**
- **Baked Beans Hash Browns Mushrooms**
- **Pain au Chocolate Croissants**
- **Fruit Salad Whole Fruit**
- **Individual Yogurts**