PSHE lessons Lent term

YEAR 7
- Friendships, relationships and peer pressure
- Consent and boundaries
- Dealing with anger and jealousy
- Teenage worries
- Emotional health and self-esteem
- Exploring family life
- Tolerance – how to get along with each other

YEAR 8
- Positivity
- Blended families includes: same sex parents and cis/trans gender people
- Gender stereotyping and Discrimination
- Intro to SRE Learning for Life
- Online bullying and digital literacy
- Managing Change and Loss
- Being part of a community
- RSE and Consent – External Speaker SatP4

YEAR 9
RSE – extended unit, including:
- How you feel about you and yourself relationships
- What is expected of you?
- What does love mean to you?
- Communication, consent and sex
- Safer sex
- Problem solving
- Sexting
- Contraceptives lesson
- Sexism and sexual harassment – don’t be a bystander
- RSE – External Speaker SatP4
PSHE lessons Lent term

YEAR 10
RSE ‘LOVE INNIT’ – extended unit, including:
• Who you are and what you like?
• Relationships myths and expectations
• Romantic relationships and why we have them
• Relationship values and scenarios
• Healthy relationships
• Alcohol, parties and sex

YEAR 11
‘Planet Porn’: Pornography – extended unit, including:
• Porn through time
• Legality
• Sex in the media
• Problem page scenarios – real life answers
• Planet Porn vs Planet Earth